

Certificate in Substance Abuse Counseling E-NEWSLETTER

Department of Addictions and Rehabilitation Studies • Substance Abuse & Clinical Counseling Program
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The Certificate in Substance Abuse Counseling

1 Students Reflection on Completing 4 courses in only 2 semesters!

During my studies for a master's degree in rehabilitation counseling, I became acutely aware of the impact drugs and alcohol have on many people with disabilities so I decided to further my studies in the substance addiction field. My desire to obtain a more comprehensive understanding led me to the East Carolina University (ECU) Substance Addiction Counseling Certificate program. ECU was an obvious fit for my goals of attending a thorough, organized, and student-centered program.

Completing the course requirements in two semesters demanded that I focus my efforts in three areas. First, I solicited family and friends' support (time, patience, encouraging words, food). Second, I developed a schedule to follow (rewarding myself for adhering to it and disciplining myself when I did not). Third, I kept the mindset that school is a joy to be a part of (got excited about learning).

I am using this academic certificate to obtain my Licensed Clinical Addiction Specialist Credentials (LCAS).

Gregory H.
Completed the certificate program
summer 2012

Welcome to the sixth issue of the Certificate in Substance Abuse Counseling E-Newsletter. This Certificate continues to grow with more masters, doc, military, and international students! If you haven't applied yet, remember you need at least a 2.7 undergraduate GPA and a letter of intent along with the Graduate Schools' requirements (on-line application, fee, and all transcripts). A 3.0 GPA is still needed to graduate. The 4 courses include Introduction to Substance Abuse, Prevention, Contemporary Issues, and Treatment.

For more information contact Dr. Crozier, Coordinator of the Substance Abuse Counseling Certificate Program at croziern@ecu.edu, 252-744-6299, or see her at a conference like Deborah & Sammy did!



Current Issues in SA Counseling

Health Reform Act: Possible Effect

There will likely be an increase in integrated care. Integrated care would be practiced on a patient who is concurrently receiving medications for mental and physical ailments. The patient would receive more of a holistic care. While a patient's primary practitioner would monitor the interaction between the medications and his or her well being, the patient's mental care provider would continue to monitor the interaction between the patient's medications and psychological symptoms. It will be highly likely that mental health or addiction professionals will work in the same building as primary health care providers. This collaboration will be coordinated and specialized for each patient.

(source: <http://www.samhsa.gov/healthReform/docs/ConsumerTip->

Certificate in Rehabilitation Counseling

The Certificate in Rehabilitation Counseling provides basic knowledge and information needed to work as a professional in this specialized area. The certificate program includes specialized training in Rehabilitation Counseling and may prepare counselors to partially meet the basic academic requirements to be eligible to take the Certified Rehabilitation Counselor (CRC) Exam. The certificate is open to individuals with at least a bachelor's degree with a 2.7 GPA, and students enrolled in graduate programs at other universities or individuals with a master's degree from another university.

The certificate program requires a minimum of 12 s.h. in the following courses: Medical and Social Aspects of Disability, Diagnostic Methods, Occupational, and an elective. The list of appropriate electives is available from the certificate coordinator and may be selected after consultation with the requirements of the Commission on Rehabilitation Counselor Certification. The coordinator, Dr. Mizelle-Johnson, has over 19 years of experience in the field. She is an Aquarius, enjoys reading her Nook, and can be reached at mizellen@ecu.edu

