

# Certificate in Substance Abuse Counseling **E-NEWSLETTER**

## College of Allied Health Sciences

Department of Rehabilitation Studies, Substance Abuse & Clinical Counseling Program Greenville, NC 27858-4353

(252)744-6300

http://www.ecu.edu/cs-dhs/rehb/certificates.cfm



Professional **Development:** 

Professional Association of **Rehabilitation Counselors** 



Where: The Willis Building East Carolina University

#### Pre-Registration by 3-30-10 Registration for both days

- PARC members: \$50.00
- Nonmember: \$80.00
- Student member: \$15.00

### Registration for one day only:

- April 16th \$35.00
- April 17<sup>th</sup> \$20.00
- Exhibit Booth: \$100.00

On-site registration will be an additional \$5.00.

For More Information, Please E-mail: aoodwinl@.ecu.edu

Credits. Ten (10) credits for LPC, CRC, CSAC, LCAS and 1 CEU credit, have been applied for.

## Certificate in Substance Abuse Counseling

Welcome to the first issue of the Certificate in Substance Abuse Counseling E-Newsletter. You are one of 450 who has expressed interest in or has taken a course for this certificate since its inception. It has drawn students from throughout NC, northeastern and western US, and England. Needless to say, this certificate program is constantly growing and changing. For example we are using more advanced features in Blackboard (our course management system) such as videos, mediasite, and SafeAssign. Check out the student videos on our webpage too.

For those of you in NC... the four certificate courses meet the academic requirement for the N.C. Certification as a Substance Abuse Counselor (CSAC) or Clinical Addictions Specialist (CCAS).

Three of these substance abuse courses may be credited toward the master's degree in Substance Abuse and Clinical Counseling at ECU. This master's degree program is one of only six in North Carolina currently approved by the NCSAPPB so that graduates may receive the LCAS with only one year of supervised practice experience instead of the three years. In addition, graduates are eligible for the state licensure as a professional counselor (LPC) in



North Carolina after two years of supervised counseling experience. For more information contact:

Dr. Mary Crozier Coordinator of the Certificate in Substance Abuse Counseling PARC NC President & Conference Coordinator 252-744-6299, crozierm@ecu.edu http://www.ecu.edu/cs-dhs/rehb/crozier.cfm

 $\mathcal{F}\mathcal{I}$ ...Dr. Crozier will be speaking on behavioral addictions at the 2010 Annual Eastern Region Adult Services Conference: Current Issues in Adult Mental Health in Greenville on April 27-28. For details go to: <u>http://eahec.ecu.edu</u>

New Beginnings For The Department

I would like to welcome all of you to the spring 2010 semester in the Department of Rehabilitation Studies!

The REHB department continues to flourish. Currently we have over 35 students in the Certificate in Substance Abuse Counseling program, 50 undergraduate majors in the Rehabilitation Services program, over 100 minors in the Alcohol and



Drug Studies minor, 70 students in the master's degree programs, and 12 Ph.D. students for our highest enrollment ever. Also, we continue to add resources for faculty and students. For example, we have just ordered 40 Nano iPods for use in taping counseling sessions in the Counseling Practicum and Internship courses. Digital recorders are needed since we added the online distance education clinical supervision feature. Faculty in the REHB department continue to teach, publish, write grants, serve on committees and as officers in professional associations, and gain tenure and promotions. In summary, I hope students and faculty has a productive and enjoyable experience this semester! Dr. Lloyd Goodwin - Interim Chair

## Current Issues in SA Counseling

#### New Rules Require Insurance to Pay for Drug Abuse Treatment

WASHINGTON -- New regulations requiring private group health insurance plans to offer benefits for treatment of substance abuse disorders that are comparable to benefits for other illnesses will help remove a barrier to treatment for millions of Americans, National Drug Control Policy (ONDCP) Director Gil Kerlikowske said today

The rules, issued January 29th by the Departments of Health and Human Services, Labor, and Treasury, are expected to be finalized in the spring and take effect for plans beginning on or after July 1, 2010. The rules prohibit group health insurance plans - typically offered by employers – from restricting access to care for mental health or substance use disorders by limiting benefits and requiring higher patient costs than those that apply to general medical or surgical benefits. The law applies to employers with 50 or more workers whose group health plans offer mental health or substance use disorder benefits.

In 2008, 23.1 million Americans age 12 and older met the diagnostic criteria for substance abuse problems or dependence. However, only 2.3 million received treatment at a specialty treatment center. ONDCP Deputy Director A. Thomas McLellan commented that "the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 codify what we have long-known to be true: Addiction is a chronic illness that should be covered by insurance under the same terms as other chronic illnesses.

www.WhiteHouseDrugPolicy.gov

#### Thinking about professional advancement? Check out our Ph.D. in Rehabilitation

**Counseling & Administration!** 

As the new director of the PhD program, I would like to wish my predecessor good fortune in his new position at MSU. Thanks to everyone for their patience and flexibility as we develop this neophyte program out of infancy. I am very excited about the mission of our PhD program- preparing leaders in research, administration, teaching, substance abuse, and clinical practice

Dr. Paul Toriello

