

ADRE 4993-6: Rehabilitation Services Internship
Department of Addictions and Rehabilitation Studies
College of Allied Health Sciences
East Carolina University

INTERNSHIP OBJECTIVES

Jennifer J. Wright McDougal, PhD, LCMHC, LCAS, CRC
College of Allied Health Sciences
4425 Health Sciences Building
Mail Stop 677
East Carolina University
Greenville, NC 27834
252-744-6301
mcdougalje15@ecu.edu

INTRODUCTION

The purpose of the internship for the rehabilitation services major is a learning experience to provide the senior level student with on-site experience in a community agency involved in some phase of the rehabilitation process. The internship student must complete 450 training hours to obtain 12 semester hours of credit. Hours include worksite hours and professional conferences approved by the department and worksite. One hour of weekly supervision is required of the internship site supervisor.

Internship Objectives for the Student

- Practical experience in the application of principles, skills and techniques in connection with the rehabilitation process.
- Understand individual differences in clients' thus promoting knowledge of diverse cultures and the globalization of America.
- Understand organizational structure, protocol, relationships, processes and working conditions in an actual rehabilitation setting.
- Awareness of the process of community organizations meeting the needs of the client.
- Learn to work cooperatively as a member of a rehabilitation team.
- Reinforce high standards of professional ethics through the experience of actual interpersonal relationships with clients that require ethical decision-making.
- Develop confidence in your ability to apply knowledge learned in the degree program in a work setting that allows for improving and refining skills to enhance career growth and development.
- Assess personal strengths and areas for improvement in relation to the work setting and career goals.
- Demonstrate leadership skills by sharing knowledge learned in the rehabilitation services major and becoming an effective, integral part of the rehabilitation treatment team.

Internship Objectives for the Supervising Organization

- Provide a challenging and professional growth experience for student and trainer.
- Influence the continued development of the Rehabilitation Services program.
- Supplement the supervising organizations professional workforce and workload.
- Provide a climate and opportunity for recruitment.
- Reduce the period of time needed for on-the-job preparation in subsequent employment.
- Provide a minimum of one-hour individual onsite supervision per week.