

**NC LICENSED PROFESSIONAL COUNSELOR ASSOCIATE - APPLICATION  
MODEL FOR PLACING COURSES IN THE LPC DOMAINS**

**EDUCATIONAL REQUIREMENTS: [\(G.S. 90-336; RULES .0302 AND .0206\)](#)**

- Must be documented by an official transcript from a regionally accredited institution of higher education.
- Master's Degree hour requirements:
  - If enrolled prior to July 1, 2009 applicants will need 48 Semester Hours or 72 Quarter Hours
  - If enrolled prior to July 1, 2013 but after June 30, 2009 applicants will need 54 Semester Hours or 81 Quarter Hours
  - If enrolled after June 30, 2013 applicants will need 60 Semester Hours or 90 Quarter Hours

Graduate course work in 9 areas of study – 3 semester hours or 5 quarter hours per course area of study

<b>All ADRE courses are 3 semester hours (SH) unless otherwise indicated</b>
<b>A. Helping Relationships in Counseling</b> <ul style="list-style-type: none"> <li>• ADRE 6300 Counseling &amp; Developmental Theories</li> <li>• ADRE 6310 Counseling Prepracticum</li> <li>• ADRE 6320 Family Treatment in Substance Abuse Rehabilitation</li> <li>• ADRE 6330 Substance Abuse Counseling</li> </ul>
<b>B-1. Counseling Practicum</b> <ul style="list-style-type: none"> <li>• ADRE 6360 Substance Abuse and Rehabilitation Counseling Practicum (4 SH) (100 hrs total: 40 direct client contact &amp; 60 indirect hours &amp; 45 seminar contact hours for skill training &amp; group supervision &amp; 1 hour/week of individual/triadic supervision)</li> </ul>
<b>B-2. Counseling Internship</b> <ul style="list-style-type: none"> <li>• ADRE 6991, 6992, 6993, 6994 Internship in SA &amp; Rehab Counseling (12 SH total) (600 hrs) (240 direct client contact &amp; 360 indirect hours) (1.5 hours/week of group supervision &amp; 1 hour/week of individual supervision)</li> </ul>
<b>C. Professional Orientation to Counseling</b> <ul style="list-style-type: none"> <li>• ADRE 6010 Intro to Counseling &amp; Rehab</li> <li>• ADRE 6703 Foundations of Addictions &amp; Clinical Counseling (<i>formerly Intro to Substance Abuse</i>)</li> <li>• ADRE 6050 Ethical &amp; Legal Aspects of SA &amp; Rehab Counseling</li> </ul>
<b>D. Human Growth &amp; Development Theories in Counseling</b> <ul style="list-style-type: none"> <li>• ADRE 6340 Human Growth &amp; Development in Clinical, Addictions, &amp; Rehabilitation Counseling</li> <li>• ADRE 6250 Diagnosis &amp; Treatment of Mental &amp; Emotional Disorders (<i>formerly Psychiatric Rehabilitation</i>)</li> <li>• ADRE 6000 Medical and Psychosocial Aspects of Disability (elective)</li> </ul>
<b>E. Social &amp; Cultural Foundations in Counseling</b> <ul style="list-style-type: none"> <li>• ADRE 6370 Multicultural Counseling in Rehab</li> <li>• ADRE 6793 Treatment of Substance Abuse</li> </ul>
<b>F. Group Counseling Theories &amp; Processes</b> <ul style="list-style-type: none"> <li>• ADRE 6350 Group Counseling with Addictive Behavior</li> <li>• ADRE 6351* Personal Growth Group (1 SH)</li> </ul>
<b>G. Career Counseling &amp; Lifestyle Development</b> <ul style="list-style-type: none"> <li>• ADRE 6380 Career Counseling in Clinical, Addictions, &amp; Rehabilitation Counseling OR</li> <li>• ADRE 6100 Occupational Analysis &amp; Career Counseling</li> </ul>
<b>H. Assessment in Counseling</b> <ul style="list-style-type: none"> <li>• ADRE 6401 Assessment in Clinical, Addictions, &amp; Rehabilitation Counseling (<i>formerly Rehab Eval</i>)</li> </ul>
<b>I. Research &amp; Program Evaluation</b> <ul style="list-style-type: none"> <li>• ADRE 6550 Research</li> </ul>

See the website of the North Carolina Board of Licensed Professional Counselors

[www.ncblpc.org](http://www.ncblpc.org) for details and full criteria

9-2015

## Description of the LPC Domains

- **A. HELPING RELATIONSHIPS IN COUNSELING** - shall provide an understanding of counseling & consultation processes including theories; basic interviewing, assessment, & counseling skills; counselor characteristics and behaviors that influence professional counseling relationships; client characteristics and behaviors that influence counseling relationships; and ethical considerations.
- **B-1. COUNSELING PRACTICUM** - shall be provided in a supervised graduate counseling experience in a regionally accredited program of study counseling setting for a minimum one (1) semester duration for each practicum as defined in Rule .0206.
- **B-2. COUNSELING INTERNSHIP** — shall be provided in a supervised graduate counseling experience in a regionally accredited program of study counseling setting for a minimum one (1) semester duration for each practicum as defined in Rule .0206.
- **C. PROFESSIONAL ORIENTATION TO COUNSELING** - shall provide an understanding of all aspects of professional functioning, including history of counseling professions; professional roles & functions; professional organizational structures; ethical standards & legal issues; preparation standards; credentialing; public policy processes; and ethical considerations.
- **D. HUMAN GROWTH AND DEVELOPMENT THEORIES IN COUNSELING** - shall provide an understanding of the nature and needs of individuals at all development levels including theories of individual and family development; theories of learning & personality development; human behavior; counseling strategies for facilitating development of the life span; and ethical considerations.
- **E. SOCIAL AND CULTURAL FOUNDATIONS IN COUNSELING** - shall provide an understanding of issues and trends in a multicultural & diverse society including multicultural and pluralistic trends; attitudes and behavior among diverse groups; individual, family and group counseling strategies with diverse groups; and ethical considerations.
- **F. GROUP COUNSELING THEORIES AND PROCESSES** - shall provide an understanding of group development, dynamics, and counseling theories, methods and skills including; principals of group dynamics; group leadership styles and approaches; theories of group counseling; group counseling methods; approaches used for other types of group work in counseling; and ethical considerations.
- **G. CAREER COUNSELING AND LIFESTYLE DEVELOPMENT** - shall provide an understanding of career counseling, development & related life factors including theories & decision-making process; career, avocational, educational, and labor market information resources; program planning; implementation and evaluation; interrelationships among work, family & other roles; placement counseling; assessment instrument and techniques; computer-based career-development application and strategies; processes; resources and ethical considerations.
- **H. ASSESSMENT IN COUNSELING** - shall provide an understanding of individual and group approaches to assessment & evaluation in counseling practices including theoretical & historical bases for assessment techniques; validity; reliability; appraisal methods; psychometric statistics; age, gender ethnicity, language & cultural factors; strategies and techniques in counseling; and ethical considerations.
- **I. RESEARCH AND PROGRAM EVALUATION** - shall provide an understanding of the types of research methods, basic statistics, and ethical and legal considerations in research including basic types of research methods; basic parametric & nonparametric statistics; principles, practices, & applications of needs assessment & program evaluation; uses of computers for data management and analysis; and ethical & legal considerations.